

Hope Van Vliet

Summary

I am Hope Van Vliet, a theatre artist, producer, and emerging dramaturg based in Regina, Saskatchewan, working primarily in devised and community-engaged theatre. Currently completing a BFA in Devised Theatre with a secondary major in Music at the University of Regina, my practice spans producing, technical theatre, stage management, and research-driven creation. Through my work with the Centre for Socially Engaged Theatre at the University of Regina, I research community theatre as a tool for access, dialogue, and collective storytelling, which directly informs my approach to collaboration and production. I have served as a producer with Regina Little Theatre, worked as a house technician and stage manager with Souris Valley Theatre, Working within a smaller theatre ecosystem has led me to actively seek out broader artistic influences while remaining committed to strengthening local infrastructure, with the long-term goal of building sustainable, ambitious theatre practices that allow artists to create meaningful work within their own communities.

Arts and Cultural Training and Learning

February 2026	Historical interpretation and Visitor Programming Interpretation mini-course series through T.M Visitor Studies
January- March 2026	Technical drawing and digital modeling, VectorWorks University. Online modules facilitated by Andrew Manera
January-March 2026	Sask Association of Theatre Professionals Indie Producing Mentorship Cohort 2026 Led by Grahame Kent
April 2025	Introduction to Intimacy Direction, Theatre Sask Inc. Facilitated by Ken McLeod
January-April 2025	ETC Family training level 3, Online through ETC Learning Stage
Sept 2024-2025	Dramaturgy Apprentice for First Mondays presented by SUM theatre in association with Persephone Theatre. Saskatoon Sk.

September 2022-June 2026	Bachelor of Fine Arts, Devised Performance and Theatre creation, University of Regina, Regina Sk
September 2020-June 2024	Bachelor of Arts, Music, University of Regina. Regina Sk.
September 2020-June 2022	Certificate in Public Relations, University of Regina. Regina Sk.
November 2018-2019	Youth Orchestra Symposiums, Banff Centre, Banff Alberta
September 2017-May 2019	South Sask Youth Orchestra, Principal Trumpet under conductor Alan Denike
September 2013-May 2022	Trumpet performance - Private study under Miles Newman, Regina Conservatory of Performing Arts
September 2010-September 2013	Trumpet performance - Private study under Bob Mossing, Mossing School of Music, formerly known as The Lions Band

Artistic and Cultural Work Presented to the Public

May-September 2026	History of Theatre in Regina, Government House Sask summer exhibit, Assisted with Research and Curation
May 9th-17th, 2024	Koping Mechanisms, devised in collaboration with Kaydence Banga under Task Van Theatre for RISER Regina produced by OnCue Regina.
March 30th-31st, 2023	End of Year Cabaret, devised in collaboration with the UofR class of 2026. Directed by Shannon Holmes
July 21st-23rd, 2022	Coffee or Tea?, Presented by FLOYD theatre. Saskatoon Saskatchewan written by Hope Van Vliet, directed by Xander Scribante.
May 6th-7th, 2022	Slowing Sands, Presented by Regina Little Theatre for the Spring One Act Cabaret. Written and directed by Hope Van Vliet.

Artists and community collaboration activities

January 9th 2026	Presented Projection Design workshop, commissioned by The Regina Little Theatre, Received an Artist Fee
November 1st 2024-2025	Facilitator, Regina Little Theatre centennial one act playwriting contest
June 4th 2022	Facilitated film editing workshop for the Canadian Film Institute and Sask Film Pool, Received an Artist Fee
September 2020-2025	Canadian Improv Games coach for Luther College High School. Coached senior teams in grade 11 and 12.

Arts and cultural work experience

August 2024-Present	Lead Visitor Experience Host, Government House and Edwardian Gardens, Regina Saskatchewan
September 2023-Present	Mainstage Producer, Regina Little Theatre, Regina Saskatchewan
June 2023-Present	Technician, Souris Valley Theatre, Estevan Saskatchewan
September 2023-2024	Company Manager and Fringe Producer, Blue Room Company, Regina Saskatchewan
September 2022-August 2024	Visitor Experience Host, Government House and Edwardian Gardens, Regina Saskatchewan
September 2022-September 2023	One Act Cabaret Producer, Regina Little Theatre

Acting Experience

Date	Show	Role	Director	Theatre
2025	A Job To Do	Alfredo	Kaydence Banga	Task Van Theatre
2025	Father of the Bride	Delilah	Patrick Peletier	Regina Little Theatre
2025	As You Like It	Phebe	Kathryn Bracht	University of Regina
2024	Koping Mechanism	Flora/ A	Piers Hill	Task Van Theatre
2023	Writers Block	Writer	Lacera Duncan	Regina Little Theatre

2023	All Good Things Must Begin	Various	Jennifer Brewin	University of Regina
2023	Stag and Doe	Dee	Mark Claxton	Souris Valley Theatre
2023	Time After Time	Shirelle	Amanda Schenstead	Regina Little Theatre
2022	Great Expectations	Biddy	John Chaput	Regina Little Theatre
2021	Charlotte's Web	Lamb	Carri Lelliot	Regina Little Theatre
2021	End of Year Cabaret	Anna	Shannon Holmes	University of Regina
2021	Writer's Runaround	Emily Dickinson	Carri Lelliot	Regina Little Theatre
2020	Sorry, Wrong Number	Receptionist	Nora Berg	Regina Little Theatre
2018	Anne of Green Gables	Ruby Gillis	Bob Nichols	Regina Little Theatre

Directing Experience

Date	Show	Theatre
May 2025	Scent of Honeysuckle by Jean Lenox Toddie	Regina Little Theatre
April 2025	A Job To Do by Kaydence Banga	Task Van Theatre
October 2023	A Little Something for the Ducks by Jean Lenox Toddie	Regina Little Theatre
May 2022	Slowing Sands by Hope Van Vliet	Regina Little Theatre

Design Experience

Date	Show	Area	Director	Theatre
2025	Dead Men Don't Eat Quiche	Lights	Piers Hill	Regina Little Theatre
2025	Scent of Honeysuckle	Sound and Lights	Hope Van Vliet	Regina Little Theatre

2025	Family, Fairies, Wishes, and War	Sound	Jonathan Seinin	University of Regina
2024	Peter Rabbit	Sound	Nora Berg	Regina Little Theatre
2023	All Good Things Must Begin	Projection and Sound	Jennifer Brewin	University of Regina
2022	Great Expectations	Biddy	John Chaput	Regina Little Theatre
2023	Does My Head Look Big in This?	Sound	Nora Berg and Ayesha Mohsin	Lexeme Theatre/ Regina Little Theatre
2022	Sylvia	Sound	Nora Berg	Regina Little Theatre
2020	Sorry, Wrong Number	Sound	Nora Berg	Regina Little Theatre/Globe Theatre Art Out Loud

Stage Management Experience

Date	Show	Director	Theatre
2025	Golden Gals Vacation	Brad Wiebe	Souris Valley Theatre
2025	Yellowstone, A Wild West Musical	Brad Wiebe	Souris Valley Theatre
2025	Family, Fairies, Wishes, and War	Jonathan Seinin	University of Regina
2024	Jailhouse Rock	Brad Wiebe	Souris Valley Theatre
2024	Greased	Brad Wiebe	Souris Valley Theatre
2023	Ranchers and Rustlers II	Brad Wiebe	Souris Valley Theatre
2023	Time After Time	Amanda Schenstead	Regina Little Theatre
2023	Beauty and the Beast	Dallas Duffus	Regina Little Theatre
2022	Sylvia	Nora Berg	Regina Little Theatre

Awards and community recognition

April 2025	Kathleen E. Nouch CDA Trophy for Technical/Backstage	Theatre Sask Inc. Theatre One Festival
September 2022	The Sampson J. Goodfellow	Regina Little Theatre, Most valuable contribution

	Award	to Regina Little Theatre, Outstanding contribution in the art of theatre
September 2023	Gabe Prendergast Scholarship in Theatre	University of Regina

Memberships and affiliations

Undergraduate Research Fellow. Centre for Socially Engaged Theatre, University of Regina - 2024-Present

Member at Large. Regina Little Theatre, Board of Directors, 2022-Present

Co-Founder. Task Van Theatre, 2024